

# Reenergize with Respite Care!

## Who We Are:

Child & Family Focus, Inc. (CFF) is a non-profit faith-based social services agency which first opened its doors in 2001. With offices in both Phoenixville and Hatboro, PA, CFF serves children and youth in Bucks, Chester, Delaware, and Montgomery counties.

## Our Mission

It is our mission to enhance the quality of life for youth and their families. We make this possible by providing and advocating for the least restrictive, family-based and community-based settings for children's optimum growth and positive change.

## What is Respite?

**Respite** means "an interval of rest or relief". CFF's Respite Care Program provides just that: short term, temporary care to families who need relief from the daily challenges that come with caring for a child with mental health needs.

## What are the Benefits of Respite Care?

The immediate benefits of respite care are twofold: the child receives the level of care and positive attention he/she needs, while his/her family receives a much needed break. The result: Increased well-being of the entire family.

## Where, and by Whom, is the Respite Care provided?

Respite care can take place in either a CFF-approved provider's home or in the child's home, depending upon the specific child and his/her needs.

We realize that meeting the child's needs and providing true relief to parents requires skilled and knowledgeable caregivers. For this reason, we take great care in finding and qualifying respite providers, who go through a comprehensive screening process. Approved individuals then provide respite under the guidance and supervision of our agency.

## How Long is a Respite Stay?

Respite may be provided on an hourly or overnight basis. The length of hourly stays in a child's home can vary. Stays in an approved provider home can be for: a day, an overnight, a weekend, or occasionally longer. The most common length of stay is a weekend.

## Does my Family Qualify to Receive Respite?

If you reside in Bucks or Delaware County and have a child (age 3-21) with a mental health diagnosis and minimal childcare support, your child may be referred to our program. (Please call if you live in a neighboring county to discuss eligibility). After we receive the referral, we will conduct a face-to-face assessment of your child and family to determine if, and how much, respite is appropriate.

## How can my Child be Referred?

Your child can be referred for respite by having his/her mental health service provider submit a completed Referral Form to us. If your child is not currently receiving any mental health services, please call a Respite Coordinator at 866-240-3010 x248. He/She will help you determine the appropriate next steps to take.

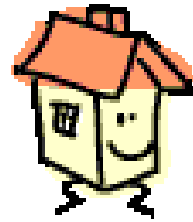
*Any questions? Please call!*

Building 2, Suite 300  
11 Davis Road  
Valley Forge, PA 19481  
Toll Free: 866-240-3010 x248

127 West Chester Pike  
Havertown, PA 19083  
Toll Free: 866-240-3010 x248



## Respite Care Offers Parents...



**R**est, relief, and replenishment!

**E**ducated, experienced, and empathetic providers!

**S**hort-term, temporary break from daily care giving!

**P**lanned time to spend doing things you otherwise cannot!

**I**mproved well-being of your child and entire family!

**T**ime to do something for YOU!

**E**stablishing relationships with people in your community who want to lend their love!



### **Havertown Office:**

127 West Chester Pike  
Havertown, PA 19083  
Phone: 610-789-4101  
Fax: 610-482-9320  
E-mail: [respite@childandfamilyfocus.org](mailto:respite@childandfamilyfocus.org)

### **Valley Forge Office:**

Building 2, Suite 300  
11 Davis Road  
Valley Forge, PA 19481  
Toll Free: 866-240-3010  
Local: 610-783-1788  
Fax: 610-783-1944  
E-mail: [respite@childandfamilyfocus.org](mailto:respite@childandfamilyfocus.org)

### **Hatboro Office:**

21 North York Road  
Hatboro, PA 19040  
Toll Free: 866-240-3010  
Local: 215-957-9771  
Fax: 215-957-9785  
E-mail: [respite@childandfamilyfocus.org](mailto:respite@childandfamilyfocus.org)

[www.childandfamilyfocus.org](http://www.childandfamilyfocus.org)

*Child & Family Focus, Inc.*



## **RESPITE CARE SERVICES**

### **Information for Parents**

*Building Communities &  
Strengthening Families*